



## Wellness Works Canada Solutions

### Frequently Asked Questions

1. *What is the difference between and Influencer and Partner membership?*

An influencer is a dedicated partner that helps to promote Wellness Works Canada and our cause to a greater extent than a regular partner member. Both partner and influencer membership come with the same benefits. For the requirements to be an Influencer, contact us at [info@wellnessworkscanada.ca](mailto:info@wellnessworkscanada.ca).

2. *What are the fees?*

- Consulting is offered at a rate of \$95/hour.
- Mental Health First Aid courses range from \$2500 to \$3500 depending on the number of participants and set up needs. Fees include materials, snacks and lunch.
- Resilience training (Improving Productivity through Resilience for teams, employees or leaders) start at \$850/course. Bulk packages for managers, teams or employees are available.
- Membership and certification fees are as follows:

	STUDENT	PRACTITIONER	GOVERNMENT/ NON-PROFIT	EMPLOYER/ PROVIDER	SELF-GUIDED EMPLOYER
Influencer Membership	\$25	\$50	N/A	\$375 (<99) \$500 (100-499) \$625 (500+)	\$175 (<99) \$250 (100-499) \$315 (500+)
Partner Membership	\$50	\$100	\$500	\$750 (<99) \$1000 (100-499) \$1250 (500+)	\$375 (<99) \$500 (100-499) \$725 (500+)
Ambassador Certification	TBA	TBA	\$500	\$750 (<99) \$1000 (100-499) \$1250 (500+)	\$375 (<99) \$500 (100-499) \$725 (500+)
Master or Mentor Certification	TBA	TBA	\$750 (<99) \$1000 (100-499) \$1250 (500+)	\$1000 (<99) \$1250 (100-499) \$1500 (500+)	N/A

\*Note: the self guided employer rate includes all the perks except for the assessments, tailored recommendation, strategy session and ambassador certification.



3. *How often do I have to renew my membership or certification?*

Memberships and certifications must be renewed annually.

4. *What are the requirements for membership?*

Practitioners and Providers must abide to a professional code of conduct at the time of registration. Practitioners or providers must be either studying or actively contributing to the field of human resources, workplace health and wellness, organizational performance and/or productivity. Employers need to have an interest and commitment to improving the health and performance of their organization.

5. *What are the requirements for certification?*

There are three levels of certification options available to support you where you are at.

*Ambassador:* Leadership must complete a short online confidential questionnaire to determine readiness and commitment and pass with a score of 70% or greater.

*Master:* One person must complete an audit of organizational practices. Next, we survey employees or review already collected survey data, to ensure employees feel their well-being, productivity and performance are supported. An alternative option is to tag on a few questions to your employee engagement survey.

*Mentor:* You have met the requirements of a Master and are willing to mentor another organization in an area of expertise. The mentorship relationship and commitment are set by the mentor.

6. *What happens if I don't pass the audit or assessment?*

You will become a member of Wellness Works Canada and receive all the benefits and support to help you reach certification the following year.

7. *What is included with a membership?*

- Digital badge (micro-credential) to showcase your commitment and dedication to the health and performance industry
- Listing in our directory
- Monthly newsletters
- Bi-monthly webinars



- One-hour facilitated discussion to help you develop or enhance your internal strategy or to help you plan to help clients connect the dots between culture, employee well-being and organizational performance
- Access to members-only simple, effective, evidence informed resources and tools
- Quarterly community of practice
- Access to a mentorship program
- Exclusive advertising opportunities

8. *What is included with a certification?*

- A membership and all the benefits listed in question seven
- Digital badge to use to support your organizational image and support with recruitment
- Access to audit and/or aggregate assessment results
- Tailored recommendations to support you in your journey to support employee well-being and organizational performance
- Wide-spread recognition via media release, social media and more

9. *How much are consulting fees if I need more support?*

Wellness Works offers health and performance strategy and evaluation consulting at a rate of \$95 per hour. We also offer Mental Health First Aid and Resiliency Training for teams, leaders and/or employees.

Other courses and consulting are available through our partners and the rates vary depending on what you are looking for. Contact us for a customized solution at [info@wellnessworkscanada.ca](mailto:info@wellnessworkscanada.ca).

10. *Do your assessment tools and certification process align with the Psychological Health and Safety Standard?*

Yes, all tools align with the Standard and help you in building a culture that supports overall well-being, productivity and performance.