

## Wellness Works Canada Solutions: Frequently Asked Questions

### 1. *What is the difference between and Influencer and Partner membership?*

An influencer is a dedicated partner that helps to promote Wellness Works Canada and our cause to a greater extent than a regular partner member. Both partner and influencer membership come with the same benefits. For the requirements to be an Influencer, contact us at [info@wellnessworkscanada.ca](mailto:info@wellnessworkscanada.ca).

### 2. *What are the fees?*

- Consulting is offered at a rate of \$95/hour.
- Mental Health First Aid courses range from \$2500 to \$3500 depending on the number of participants and set up needs. Fees include all materials, snacks and lunch.
- Resilience training (Improving Productivity through Resilience for teams, employees or leaders) is offered at \$650/course. Bulk packages for managers, teams or employees are available.
- Membership and certification fees are as follows:

	STUDENTS	PRACTITIONERS	GOVERNMENT/ NON-PROFIT	EMPLOYER OR PROVIDER
Influencer Membership	\$25	\$50	\$250	\$375 (<99) \$500 (100-499) \$625 (500+)
Partner Membership	\$50	\$100	\$500	\$750 (<99) \$1000 (100-499) \$1250 (500+)
Ambassador Certification			\$500	\$750 (<99) \$1000 (100-499) \$1250 (500+)
Master or Mentor Certification			\$750 (<99) \$1000 (100-499) \$1250 (500+)	\$1000 (<99) \$1250 (100-499) \$1500 (500+)

### 3. *How often do I have to renew my membership or certification?*

Memberships and certifications must be renewed annually.

### 4. *What are the requirements for membership?*

Practitioners and Providers must abide to a professional code of conduct at the time of registration. Practitioners or providers must be either studying or actively contributing to the field of human resources, workplace health and wellness, organizational performance and/or

productivity. Employers only need to have an interest in improving the health and performance of their organization.

5. *What are the requirements for certification?*

There are three levels of certification to support organizations where they you are at.

*Ambassador:* Leadership must complete a short online confidential questionnaire to determine readiness and commitment and pass with a score of 70% or greater.

*Master:* One person must complete an audit of organizational practices and we survey employees to ensure they feel that their health, productivity and performance are supported. Both must pass a score of 70% or greater. Tag the employee survey questions on to your employee engagement survey for simplicity.

*Mentor:* You have met the requirements of a Master and are willing to mentor another organization in an area of expertise. The mentorship relationship and commitment are set by the mentor.

6. *What happens if I don't pass the audit or assessment?*

You will become a member of Wellness Works Canada and receive all the benefits and support to help you reach certification the following year.

7. *What is included with a membership?*

- Digital badge (micro-credential) to showcase your commitment and dedication to the health and performance industry
- Listing in our directory
- Quarterly newsletters
- Quarterly webinars
- One hour facilitated discussion to help you develop or enhance your internal strategy or to help you plan to help clients connect the dots between culture, employee well-being and organizational performance
- Access to members-only simple, effective, evidence informed resources and tools
- Access to a community of practice
- Access to a mentorship program
- Exclusive advertising opportunities

8. *What is included with a certificate?*

- A membership and all the benefits listed in question seven
- Digital badge to use to support your organizational image and support with recruitment
- Access to your audit and/or assessment results
- Tailored recommendations to support you in your journey to support employee well-being and organizational performance

9. *How much are consulting fees if I need more support?*

Wellness Works offers health and performance strategy and evaluation consulting at a rate of \$95 per hour. We also offer Mental Health First Aid and Resiliency Training for teams, leaders and/or employees.

Other courses and consulting are available through our partners and the rates vary depending on what you are looking for. Contact us for a customized solution at [info@wellnessworkscanada.ca](mailto:info@wellnessworkscanada.ca).